



Educational materials designed by  
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Psychiatry, in collaboration with the Association  
for Behavior Analysis International

# Adaptive Behavior Assessment and Treatment CPT Coding Summary

## Professionals

- Billing professional (“QHCP”):** Any physician or other qualified health care professional (QHCP) with expertise in adaptive behavior treatment, typically a behavior analyst or licensed psychologist.
- Assistant (“technician”):** An assistant behavior analyst or trained technician who delivers services under the direction of the QHCP. **All services are billed by the QHCP.** The time of the technician is considered practice expense for the QHCP. The technician does not bill services.
- Coding tips:** If the QHCP personally performs technician activities, his or her time engaged in these activities may be included as part of the required technician time to meet the elements of the code.
- QHCP instruction of the technician without the patient present is NOT reported separately.
- When more than one technician is present, time is based on a single technician’s face-to-face time with the patient and not the combination time of multiple technicians.

The technician-administered services (codes 0360T-0367T, 0373T, 0374T) are structured to enable the face-to-face time of the technician(s) to serve as a proxy for capturing the work of the QHCP, which includes direction of technician(s) and analysis of results of testing and data collection. QHCP work for the assessment services also includes preparation of report and plan of care, as well as discussion of findings and recommendations with the primary guardian(s)/caregiver(s).

## Services

	Code	Service	Administers	Face-to-Face Time (min)	Attends	Comments
Assessment	<b>0359T</b>	Behavior identification assessment	QHCP	Untimed; typically 90	Patient and guardian(s)/caregiver(s)	May be followed by 0360T, 0361T or 0362T, 0363T
	<b>0360T</b> <b>0361T</b>	Observational behavioral follow-up assessment	Technician	First 30: <b>0360T</b> Each additional 30: <b>0361T</b>	Patient	
	<b>0362T</b> <b>0363T</b>	Exposure behavioral follow-up assessment	Technicians	First 30: <b>0362T</b> Each additional 30: <b>0363T</b>	Patient	QHCP onsite direction
	<b>0364T</b> <b>0365T</b>	Adaptive behavior treatment by protocol	Technician	First 30: <b>0364T</b> Each additional 30: <b>0365T</b>	Patient	
Treatment	<b>0366T</b> <b>0367T</b>	Group adaptive behavior treatment by protocol	Technician	First 30: <b>0366T</b> Each additional 30: <b>0367T</b>	Patients	Maximum 8 patients
	<b>0368T</b> <b>0369T</b>	Adaptive behavior treatment with protocol modification	QHCP	First 30: <b>0368T</b> Each additional 30: <b>0369T</b>	Patient	May include protocol demonstration to technician(s), guardian(s), caregiver(s) with patient present
	<b>0370T</b>	Family adaptive behavior treatment guidance	QHCP	Untimed; typically 60-75	Guardian(s)/caregiver(s)	Patient not present
	<b>0371T</b>	Multiple-family group adaptive behavior treatment guidance	QHCP	Untimed; typically 90-105	Guardians/caregivers	Guardians/caregivers of maximum 8 patients; patients not present
	<b>0372T</b>	Adaptive behavior treatment social skills group	QHCP	Untimed; typically 90-105	Patients	Maximum 8 patients
	<b>0373T</b> <b>0374T</b>	Exposure adaptive behavior treatment with protocol modification	Technicians	First 60: <b>0373T</b> Each additional 30: <b>0374T</b>	Patient	QHCP onsite direction



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## Adaptive Behavior Assessment and Treatment CPT Time Rule

CPT specifies, “A unit of time is attained when the mid-point is passed.” Use the tables below to assist in code selection.

### Codes 0360T-0367T

Face-to-Face Technician Time	Report
Less than 16 min	Not reportable
16-45 min	0360T
	0362T
	0364T
	0366T
46-75 min	0360T and 0361T x 1
	0362T and 0363T x 1
	0364T and 0365T x 1
	0366T and 0367T x 1
76-105 min	0360T and 0361T x 2
	0362T and 0363T x 2
	0364T and 0365T x 2
	0366T and 0367T x 2
Each additional increment of up to 30 min	0361T
	0363T
	0365T
	0367T

### Directions

1. Select the service (see American Medical Association CPT code descriptions)
2. Report an untimed service (codes 0359T, 0370T-0372T) with 1 code regardless of the duration of the service
3. Report a timed service (codes 0360T-0369T, 0373T, 0374T) based on face-to-face time on the date of service (see charts on this page)
4. The timed codes are all paired, with the first 30 (16-45) or 60 (31-75) minutes of service reported with the first code and successive 30 minute increments on the same date reported with the second code



### Example

Adaptive behavior treatment by protocol (codes 0364T, 0365T) with face-to-face technician time of 115 minutes: Report 1 unit of 0364T and 3 units of 0365T

### Coding Questions

Contact ABAI at [hotline@abainternational.org](mailto:hotline@abainternational.org).

### Codes 0368T, 0369T

Face-to-Face QHCP Time	Report
Less than 16 min	Not reportable
16-45 min	0368T
46-75 min	0368T and 0369T x 1
76-105 min	0368T and 0369T x 2
Each additional increment of up to 30 min	0369T

### Codes 0373T, 0374T

Face-to-Face Technician Time	Report
Less than 31 min	Not reportable
31- 75 min	0373T
76-105 min	0373T and 0374T x 1
106-135 min	0373T and 0374T x 2
Each additional increment of up to 30 min	0374T