

Behavior Analysis CPT Code Workshop

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QHCP Evaluation



0359T Behavior identification assessment (Face to Face QHCP)

[untimed]

- Review psych testing and pediatrics report
- Interview mother, get history, and current complaints
- Observe child to validate DSM diagnosis
- Complete Functional Assessment Checklist
- Discuss the nature of EIBI intervention with mother and answer questions
- Establish tentative therapy schedule and set up first home appointment.

O359T: Components of a Behavior Identification Assessment



- Imitation skills
- Listener or receptive skills
- Language production or expressive skills
- Compliance
- Nonverbal communication (e.g.,eye-contact, joint attention)
- Play (e.g., functional, imaginative)
- Social skills

Structure Observations



		Imitation		
Object				
Task objective	Administration	Probes (Appendix 11)	Criteria	
D1: Upon request, student will imitate a motor activity with an object	Randomly select 5 probes for pre-test and 5 different probes for post-test	Randomly select 5 for pretest and 5 for post-test Tap drum with a stick Rub stick on table Wave stick up and down Wave stick side-to-side Stack a block on another block Tap block on a table Push block with a finger Put a block in a cup Place block on a book Draw a line with a pencil	Raw Score % Correct	
		Roll the pencil		
		Put pencil in cup		
		Roll the pencil Draw a line with a pencil		

0359T: Components of a Behavior Identification Assessment (cont.)



- Repetitive behavior
- Insistence on sameness
- Unusual reactions to sensory input
- Feeding difficulties
- Sleep difficulties
- Aggression, elopement, property destruction, self-injury, pica

0359T: Disposition of a Behavior Identification Assessment (cont.)



- Appropriate type of service-observation assessment, exposure assessment, begin focused treatment or parent training
- Appropriate level or intensity of service-EIBI, outpatient, intensive outpatient, day treatment, inpatient



- 0362T & 0363T
 Exposure Behavior
 Follow Up
 Assessment
- Billed as Technician
 Time but supervised
 directly by QHCP

- Patient (client) is seen in an enclosed room, padded with minimum of two technicians.
- Clinical Functional Behavioral Analysis conducted systematically to assess functions of self-injurious behavior and probable alternative adaptive replacement behavior.

Severe Self Injurious Behavior



- 0373T and 0374T
 Exposure adaptive
 behavior with protocol
 modification
- Billed as Technician Time in 60 minute; 0374T in subsequent intervals
- QHCP reviews data after each FBA assessment and determines probable functions of SIB and likely alterantive behavior;
- QHCP directs Technicians in implementing function-based behavioral interventions including replacing SIB with alternative behavior serving the same function.

Budget Planning (Costs)



Severe Behavior Day Treatment Costs		W/O Medical
Team of 2.5 Bachelor's/Master's Therapists	\$84.85	\$84.85
Ph.D. Supervisor (25%)	\$20.61	\$20.61
Postdoctoral Fellow (25%)	\$9.70	\$9.70
Developmental Pediatrician (5%)	\$6.79	
Nursing (10%)	\$3.79	
Receptionist (12.5%)	\$4.24	\$4.24
Insurance Authorization Liaison (25%)	\$9.70	\$9.70
Supplies	\$13.00	\$13.00
Total Directs	\$152.66	\$142.09
Overhead	\$30.53	\$28.42
Total Hourly Costs	\$183.20	\$170.51
Total Daily Costs @ 6 hours/day	\$1,099.18	\$1,023.03

Specialized Space







(b)











Problem behavior is quantified and measured precisely

It is Important to Hire Employees Who are Good Actors and Love Their Work







Getting authorization for Exposure Assessment and/or Tx



- Verify insurance benefits for recommended service (e.g., day Tx)
- Obtain letter of support from referring physician indicating medical necessity
- Rule-out alternative, in-network providers
- Keep family informed and have them request a case manager and then work with that individual

Getting authorization for Exposure Assessment and/or Tx (cont.)



- Review evaluation and medical history
- Document previous services that have not been effective
- Document all contacts with the family, the insurance company, and other providers
- Prepare and submit a pre-determination letter

Pre-Determination Letter



- Requesting ad-hoc in-network approval due to unique nature of the program it should be covered in-network
- Always include codes in header request
- Include brief description of program
- Include the letter of support documenting medical necessity from the referring M.D.
- Call case manager after a few days to verify that the letter was received

Pre-Determination (Continued)



- Call case manager or customer service at least weekly to check status
- Be prepared to verify fax, resend entire request, and be on hold for long periods of time
- Be polite, pleasant, but determined (don't let your frustration show through)

Status



- Denied Start appeal process
 - Get in Writing (reason for denial)
 - Never take "No" for an answer
- Authorized Initiate "Letter of Agreement"
- Notify family
- Remember Nothing set in stone until we receive written authorization

Approval



- Never begin an admission on a verbal approval
- Verbal approval is ½ the battle Notify family and feeding team of status
- Determine what is approved: What CPT code, what billing code, how many days, and was it approved in-network
- Notify insurance that you would like work out a rate agreement

Rate Negotiation



- Day Treatment Per Diem \$1400.00 (per day)
- Insurance Liaison Supervisor can authorize discounts up to 20% (\$1,120)
- Fees are always billed at the \$1400.00 rate but the LOA is attached so the bill can be processed correctly

Predetermination Letter



- Attn: Predetermination/Claims
- Re: Fredrick B. Skinner
- DOB: 2/7/4
- Policy #: W1111111112
- Diagnoses:
 - 312.34 Intermittent Explosive Disorder with severe aggression
 - 307.30 Stereotypic movement disorder with severe self-injury

Predetermination Letter (cont.)



- Request: Ad hoc in network approval for F.B. Skinner to receive services through the Severe Behavior Program.
- Rationale: There are no in-network programs or facilities that can offer this level of care for him. We would like to begin intensive treatment as soon as possible.
- CPT Codes: 0362T, 0363T, 0373T, 0374T
- $\bullet \quad \mathsf{GAF} = 50$

Predetermination Letter (cont.)



- Dear Reviewer:
- Summary of activities that led to this request
- Clinical information
- Psychosocial Impact of the Behavior Disorder
- Our approach to severe behavior disorders
 - 90% or greater reduction in severe behavior in 84% of cases
 - Behavior therapy team consisting of a Ph.D. psychologist and board certified behavior analyst who oversees a highly trained team of master'sand bachelor- level therapists

Other Adaptive Behavior Treatments



- 0371T Multiple-family group adaptive behavior treatment guidance
- QHCP Time

 QHCP reviews weekly child progress with parents and has parents identify ways of working on same problems at home; QHCP guides problem solving and trouble shooting common problems across families

Other Adaptive Behavior Treatments:



- 0372T Adaptive behavior social skills group
- QHCP led

- QHCP works with a group of children either in a center based program or at a clinic
- Focus on teaching communication and social skills for children needing such assistance